



# Friends of the Youngstown Free Library Quarterly Newsletter

Looking Forward. . .

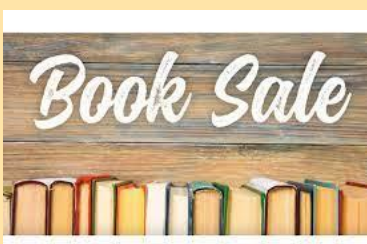
**Meat Raffle**  
**October 14, 2022**  
**Youngstown Fire Hall**



**Clothing Exchange**  
**To support Library**  
**October 30, 2022**  
**1p.m. - 5p.m.**  
**The Ontario House**  
**aka "Stone Jug"**



**FOYL Fall Book Sale**  
**November 3-5, 2022**



## Letter from the FOYL President

Hello friends!

I hope you all had a wonderful summer. The weather sure did cooperate all season! The Friends do not meet in July or August, so we resumed our regular monthly meetings on September 21 at 7 p.m. upstairs in the Youngstown Free Library. The Friends meet every third Wednesday of the month. As always, the public is welcome to attend!

Planning is underway for the Fall Used Book Sale November 3-5 this year. If you recall, when you joined the Friends, there was a box to check if you were interested in helping out with the book sale or other events. I have to say, we have not done a great job keeping track of or following up with folks who want to help out. So, if you do want to help and we haven't contacted you, my apologies! Please reach out to us if you want to get involved. We ALWAYS need lots of help for all our events and initiatives, and you are more than welcome. You can email [FOYLboard@gmail.com](mailto:FOYLboard@gmail.com) for more information or to sign up.

Book donations for the sale will gratefully be accepted October 31 - November 3 from 10 a.m. to 3 p.m., and November 1st & 2nd from 6-8p.m. at the Red Brick School gym. Thank you in advance for holding onto your books until then. We hope to have a large and varied selection for the Fall sale. Puzzles, games, DVDs, and other media items are also welcome. Please call the Library or email the Friends if you have questions about what to donate. Remember, Friends members get a sneak peek (as well as free drinks and snacks) on Members' night, Thursday, November 3, 5-8p.m. Bring a friend who's not yet a member; they can sign up at the door.

The Library hosted a robust summer reading program, thanks to generous donations from Friends like you. And, we were also able to award the Ruby Carey Scholarship to a Lewiston-Porter college-bound senior. You can read more about that in this newsletter.

Thank you for being a Friend!

Wendy Guild Swearingen  
FOYL President

# Financial Report

Cash assets total \$31,824, of which \$13,775 are Unrestricted Operating Funds. Membership drive income totals \$9,935.50 year to date. Of this amount, \$260 came in during July & \$160 in September. The street dance in the Village took in \$114. The Town of Porter Summerfest took in \$25. We paid out \$1200 to the library for the summer reading program. We paid out \$750 to the Ruby Carey scholarship winner Katherine Kremer. Our budgeted income year to date has been \$12,576. If no other events are held for the rest of the year except for the Fall Book Sale, we will not achieve our budgeted income of \$21,682 for the whole year.

Bill Siddall  
Treasurer

### Meet Your Friends:

#### **Annie Brett Huntington**

Youngstown, NY is a special place for Annie, and she feels it's a blessing to live and raise her children in our town. Annie, along with husband Rew have four beautiful children - Quincy, Eve, Tess, and Monroe. She brings them to the library often, and says, "The thing I love most about our Library is the staff. They are so wonderfully helpful, knowledgeable and caring." Annie is an avid runner who enjoys biking, hiking, and everything that gets her outside to enjoy the beautiful scenery our town offers. When you see her out and about in Youngstown, or at the Library, be sure to say HELLO!!!



Bring 2-3 bags of **GENTLY** used clothing/accessories to share and exchange. Put good clothes on hangers, and fold others. Questions? Colleen 716-531-6701

Peace of Mind Wellness & Counseling is hosting their Annual Fall Clothing Exchange on Sunday October 30<sup>th</sup> from 1p.m.-5p.m. at The Ontario House aka "Stone Jug". All monetary proceeds will benefit our Library, with remaining clothing donated to Community Missions in Niagara Falls, NY. Accepting Men & Women's clothing **ONLY**. Please join us!


The Youngstown Free Library Board of Trustees is seeking 1 to 3 new members. The Board of Trustees is the administrative faction of the Library. Some of the duties of the board include approving the annual budget, reviewing and revising bylaws and policies, as well as securing funding. The board meets monthly except for August and December and the meetings are open to public attendance.

Information about the Board of Trustees and an application are available on the Library website [www.youngstownfreelibrary.org](http://www.youngstownfreelibrary.org) . Look under the "About Us" tab for Board of Trustees. If interested, return an application to Library or reach out to Barbara Costello at 716-523-3597.

The Youngstown Free Library is excited to announce we have established a Foundation, partnering with the Community Foundation for Greater Buffalo. This 'setting aside' monies from our account will hopefully allow us to secure the funding 'health' of our Library for your children, grandchildren and neighbors. In the long term, it will ensure the valuable resources you use and enjoy today are available for our future generations.

*"Let Literacy be your Legacy"*

When you meet with your financial advisor, estate planner, or attorney to plan personnel long-term goals, please consider what the Library has offered you in your life-time. Maybe the Youngstown Free Library Foundation could be an appropriate beneficiary. If you wish to discuss, and connect with someone on our Board of Trustees, please inquire at the Library. You can stop by, or call 716-745-3555 during our business hours.



**FRIDAY OCTOBER 14**  
**DOORS OPEN 6 PM / FIRST DRAW 7 PM**  
 YOUNGSTOWN FIRE HALL @ 625 3<sup>rd</sup> Street, Youngstown NY

**TICKETS \$12**  
 Includes: Entry, Beer, Wine, & Soda  
**Bring Snacks & Dollar Bills!**  
 50/50 Raffle & Basket Auction  
 All Proceeds to Support Programming at:  
**YOUNGSTOWN FREE LIBRARY**

Pre-sale Tickets available at the Library (240 Lockport Street)  
 Tickets Available at Door – Both locations Cash or Check Only  
 Questions? (716) 622 – 0373

**MEAT RAFFLE**

Friday, October 14 - 6p.m.

Please join us for our first Meat Raffle to support our Library!

It will be a fantastic night with doors opening at 6pm, and first draw at 7pm. Tickets are \$12, and includes your entry, beer, wine, and soda. You can bring your own snacks, and don't forget your \$1 Bills!!!

Tickets will be available at the door, or at the Library using Cash or Check ONLY. We look forward to seeing you on this fun-filled exciting evening! Questions? 716-622-0373

**New Board Members**

We are looking for new faces to join Friends of the Youngstown Library Board in 2023! As 2022 comes to a close, several current members of our board will be finishing their terms, leaving opportunities for new Friends. The Board of the Friends of the Youngstown Library is responsible for fundraising to support our Library. We meet monthly to discuss planning for popular fundraisers such as our book sales and new opportunities to raise funds for library programs and resources. We have a lot of fun, get to know many members of our community, and feel good knowing we are helping our library!

If you have an interest in learning more about the possibility of joining our board in 2023, please leave contact information with the library so that you can be contacted by a current board member.

## Fall Book Sale

The Fall 2022 Book Sale is fast approaching! Our Friends Members' Night will be held Thursday, November 3rd 5:00p.m.-8:00p.m. The sale will be open to the public Friday November 4th 9:30p.m.-6:00p.m. and Saturday November 5th 9:30p.m.-3:00p.m. (all day bag sale!). All proceeds from our bi-annual book sales support the Youngstown Free Library.

Our volunteers will be hard at work the week of November 1st unloading and displaying books for purchase. If you have books to donate to the sale, they can be dropped off that week during the hours of 9:00 a.m.-1:00 p.m. You can also drop off on November 1<sup>st</sup> & 2<sup>nd</sup> between the hours of 6p.m. and 8p.m.

If you are interested in volunteering to help with the book sale, we always welcome new volunteers to unload books, sort and organize books, or to serve as cashiers during the sale! Please leave your contact information at the Youngstown Library to be contacted by our volunteer coordinator. We are looking forward to another fun and successful sale!



 Friends of  
the Youngstown  
Free Library

# BOOK SALE

Youngstown Village Center Gym  
240 Lockport Street

**Friday, Nov. 4: 9:30 - 6**

**Saturday, Nov. 5: 9:30 - 3**

Bag sale all day Saturday

**Friends Members' Night:  
Thursday, Nov. 3: 5 - 8**

Join at the door!

Do you have books to donate? We are currently out of storage space, so please save your donations until Oct. 31, Nov. 1, 2, & 3 from 10 AM - 1 PM, when you can drop them off at the Red Brick Gym. Evening drop-off hours are available Nov. 1 & 2 from 6 - 8 PM at the Red Brick Gym.



Ruby Carey Scholarship Winner

Our winner, Katherine Kremer, receiving her check from the Friends of the Library Board. In her essay Katherine stated "I was a frequent visitor to the library... where books were my primary method of entertainment, and I devoured each one."

She also tells us the Library ignited a desire for knowledge, and it kept her focused on academics with a passion for learning. We are very proud of her, and wish her well in her studies.

## A note from Board of Trustees President Karren Swayze

Happy Fall to one and all!

As you read in the last Friends Newsletter, the Board of Trustees of the Youngstown Free Library has been updating its governance policies. Two of those updates I would like to mention are the financial policy and the collection management policy. The change in the financial policy allowed us to establish the Youngstown Free Library Foundation and become associated with the Community Foundation for Greater Buffalo. This organization provides investment and financial advice to nonprofit organizations throughout western New York. Check out their website for their involvement with nonprofits throughout the area: ([www.communityfoundationforgreaterbuffalo](http://www.communityfoundationforgreaterbuffalo)).

The second update was to our collection management policy for library materials. I would urge you to go to our web site for a copy of the policy. ([www.youngstownfreelibrary.org](http://www.youngstownfreelibrary.org)) You can also find the information from the American Library Association:

Library Bill of Rights

(<http://www.ala.org/advocacy/intfreedom/librarybill>)

Freedom to Read Statement

(<http://www.ala.org/advocacy/intfreedom/freedomreadstatement>)

Freedom to View Statement

(<http://www.ala.org/advocacy/intfreedom/freedomviewstatement>)

The selected objectives approved by the Board include:

1. Enable library users to find current, reliable information and have access to ideas and works in all fields of knowledge and in multiple formats.
2. Enable the Library to promote programs that will stimulate and expand the reading interests of both children and adults, and to coordinate this work with that of other educational, social, and cultural groups in the community.
3. Enable patrons to supplement formal studies and pursue self-education.
4. Enable Library users to become more competent in their work and more enlightened as citizens.
5. Encourage creativity and increase the public's appreciation of the humanities and sciences.
6. Enable Library users to have access to up-to-date information about Niagara County, including history, heritage, local organizations, social and economic problems, opportunities and resources.

From time to time, patrons request materials that the Library does not own. Each request is reviewed for inclusion in the collection or for loan through interlibrary loan. Librarians determine the best method for delivery of materials using the selection criteria. If you have any questions concerning materials that are in our collection or have a suggestion to make concerning materials we do not have, please speak with our Director, Sonora Miller.

Karran Swayze

President, Board of Trustees

Youngstown Free Library

## Summer Reading Season was a huge success!



*The Morse boys have discovered the canoe and Niagara River stuffed animals that decorated the Children's Room this summer.*

This year's Summer Reading Season just finished up, and it was a grand success! This summer, our season included three elements: an imaginatively decorated Children's Room, plenty of programs, and a reading challenge that celebrates everyone's reading achievements.

To prepare for the summer, the Children's Room had to be transformed into a watery paradise to fit with this year's theme: Oceans of Possibilities. We retooled the theme around our beautiful Niagara River and Lake Ontario. Volunteer Eran Colbus loaned a canoe for the Children's Room. This canoe made a cozy reading nook, especially once we added oversized stuffed fish, herons, beavers, and turtles for kids to cuddle. Then artist Alina Patterson decorated the windows with paintings from five children's books about water.

### Art at the Youngstown Free Library



This summer and fall, the Youngstown Free Library is hosting an art exhibition from students at Niagara Falls High School. Come by our Non-Fiction Room to admire the 3D masks of famous authors and filmmakers. These masks were created by the Advanced Placement art students in Mr. Lynch's class in the caricature style of Wayne White.

You'll see Agatha Christie with her fabulous rhinestone glasses, Franz Kafka in all his surrealistic metamorphosis, William Shakespeare's glorious head of curls, M. Night Shyamalan, and Quentin Tarantino and his chin! Please stop in the Library to see these masterpieces before they go!



### Summer Programs

Hundreds of children participated in our programs this summer, including the story-time in Falkner Park. Also, our reading program challenged 61 kids to read as much as they can. Recording minutes vs. pages, they totaled 99,814 minutes! That's more than 1663 hours or 70 straight days of reading. Way to Go Children!

## As the Days Shorten, Check Out a Light Therapy Kit to Fight Seasonal Affective Disorder.

As we move into fall and winter, we lose daylight as the days shorten. Does your mood get affected by the loss of daylight?

Many folks suffer from Seasonal Affective Disorder (SAD) from this loss of daylight. Sometimes called the "winter blues," SAD can cause fatigue and depressive feelings. SAD is not very well understood, but scientists are unraveling its connection with sunlight and the production of serotonin and overproduction of melatonin.

According to the Mayo Clinic, "a light therapy box mimics outdoor light. It's thought that this type of light may cause a chemical change in the brain that lifts your mood and eases other symptoms of SAD, such as being tired most of the time and sleeping too much.

Generally, the light box should:

- Provide an exposure to 10,000 lux of light
- Produce as little UV light as possible

Typical recommendations include using the light box:

- Within the first hour of waking up in the morning
- For about 20 to 30 minutes
- About 16 to 24 inches (41 to 61 centimeters) from your face, but follow the manufacturer's instructions about distance
- With eyes open, but not looking directly at the light" (<https://www.mayoclinic.org/diseases-conditions/seasonal-affective-disorder/in-depth/seasonal-affective-disorder-treatment/ART-20048298?p=1>).



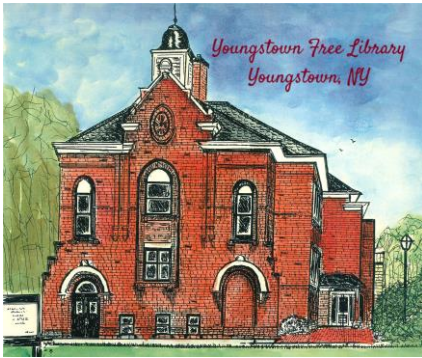
Thanks to a grant from Humanities NY, the Youngstown Free Library has four light therapy kits that are available for loan to patrons. When you check out a kit, you'll get an easy-to-use 10,000 lux light box and instruction booklet for four weeks. You could enjoy your morning coffee in front of the light box for a month courtesy of the Library!

Keep in mind: light boxes aren't regulated by the Food and Drug Administration (FDA) for SAD treatment, but we recommend that you talk to your doctor before checking out a kit in case it's not a good match for your body.

### Ways to support the Library

- Support the Library and the Friends of the Library with a donation. Online donations can be made here:  
Library - <https://tinyurl.com/mrswsss7>  
Friends - <https://tinyurl.com/yc6htnsy>
- Donate can & bottle redemptions at Lewiston Redemption: 820 Seneca St. Specify Youngstown Free Library at off.
- Shop using [AmazonSmile: You shop. Amazon gives.](#) .5% of your total purchase is donated to the Library.
- Plan for the Youngstown Free Library Foundation in your will. The Library's Foundation is managed by the Buffalo Community Foundation





# We Are Here to Serve You!!!

## Library Contact Information

Phone: (716) 745-3555

Fax: (716) 745-7122

Email: [yfl@nioga.org](mailto:yfl@nioga.org)

Website:

[youngstownfreelibrary.org](http://youngstownfreelibrary.org)

## Library Hours

### Monday & Wednesday

2:00 p.m. to 8:30 p.m.

### Tuesday

9:30 a.m. to 8:30 p.m.

### Thursday

2:00 p.m. to 6:00 p.m.

### Friday & Saturday

10:00 a.m. to 2:00 p.m.

Inform Engage  
Educate Entertain

### 2022 Friends of the Library Board of Directors

Wendy Guild Swearingen, President

Jessica Streb, Vice President

Bill Siddall, Treasurer

Shannon Supon, Secretary

Mary Clinch, Liaison to the Library Board

Elaine Barbiero Nancy D'Arcangelo

Judy Freiermuth Julia Grana

Jill Mazur Michelle Wesley

Kim Winning

Colleen Mary Summerville

(Newsletter Editor)

### Friends Board Meetings

7 p.m., third Wednesday of every month

Friends email: [foylboard@gmail.com](mailto:foylboard@gmail.com)

### 2022 Board of Trustees

Karran Swayze, President

Mary Clinch, Vice-President

Maggie Steyn, Treasurer

Dave Smith, Recording Secretary

Devon Tower, Corresponding Secretary

Claudia Andres

David Brooks

Barbara Costello

Mary Beth Smith

### Trustee Board Meetings

7 p.m., fourth Monday of every month,

The public is welcome to attend.

If you are interested in serving on the  
Board of Trustees, please let us know!

# Friends of The Youngstown Library